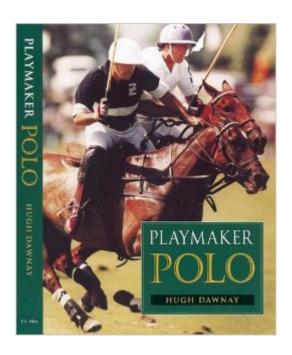
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Playmaker Polo





Synopsis

Playmaker Polo provides both a wonderful introduction for newcomers to the game of polo and an in-depth guide to revision for those who wish to maintain or improve a level already achieved. Many years of coaching experience have taught the author that giving people reasons and explanations for what they do increases the rate of their learning curve enormously. Specific rationales for all aspects of the game of polo are given and developed throughout this book, accompanied by many true anecdotes and factual examples, which confirm the points being made. Hugh Dawnay was the first person ever to put into writing the theories of being "outside the horse" and "making the pony follow the rider" and he has had incredible coaching success with these concepts, which are explored further in these pages. His tactical principle of the rope and the magical mnemonic LATET, which guides the tactical thought process, are also explained in depth, as is the very effective technique of the slow hand being the pivot of the five circles which produce the ten shots required in the game of polo. The multi-dimensional application of playmaking, which permeates all chapters, suggests how players of all levels can take a constructive part both in a game and in the preparation beforehand. The high quality photographs and diagrams will help the reader to enjoy, understand and apply the many lessons that are being taught.

Book Information

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& Animal Care > Horses > Riding #1157 in Books > Sports & Outdoors > Individual Sports >

Horses > Equestrian

Customer Reviews

This is a must read for anyone wanting to play polo. Hugh breaks it down so that a very beginner can understand and a more experience player can use his advice as well. I HIGHLY recommend

Playmaker Polo includes a lot of information not even my polo coaches have mentioned. I would recommend it to anyone, beginner or experienced polo player (or spectator).

Personally I prefer the south american elegant polo style than the rough riding off british polo, therefore I am pleased that Dawnay could win Gonzalo Pieres to write the foreword."Playmaker Polo" is the second book by Major Dawnay. In 1976 he founded the famous Whitfield Court Polo International School, certainly one of the first schools in Europe in general. The English polo magazine PQ International said in its winter edition 2004, that 'Playmaker Polo' is the second part to "Polo Vision" (no surprise!, the game can not even be new invented), but there are still some chukkas further. By myself I couldn't find no better formulation. This book defines standards for the polo training methods. If "Polo Vision" was a helpful book, then "Playmaker Polo" is at least the modern version regarding presentation and pictures and a very important reference book. If you want to know something about tacticts, than read it!!!

It's a good although dry coaching manual. Well worth reading by anyone taking up the absolutely wonderful game of polo.

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